

What is claimed is:

- (1) An inhibitor of blood glucose level elevation comprising, as an active ingredient, an acerola leaf extract and/or a processed product thereof.
- (2) The inhibitor of blood glucose level elevation according to claim 1, wherein the acerola leaf extract and/or the processed product thereof comprise(s) polyphenols.
- (3) An inhibitor of advanced glycation end product (AGE) generation comprising, as an active ingredient, an acerola leaf extract and/or a processed product thereof.
- (4) The inhibitor of AGE generation according to claim 3, wherein the acerola leaf extract and/or the processed product thereof comprise(s) polyphenols.
- (5) The inhibitor of blood glucose level elevation or the inhibitor of AGE generation according to any one of claims 1 to 4, which is used to treat or prevent diabetes or diabetic complications.
- (6) The inhibitor of blood glucose level elevation or the inhibitor of AGE generation according to any one of claims 1 to 5, which is to be added to a food product.
- (7) A food product comprising the inhibitor of blood glucose level elevation or the inhibitor of AGE generation according to any one of claims 1 to 6.
- (8) A food product comprising an acerola leaf extract and/or a processed product thereof.